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## WOMEN'S VOLLEYBALL LEAGUE RULES 2021 – 2022 SEASON

### RULE 1 - REGISTRATION

- A. There is no age requirement or restriction.
- B. All managers shall have team rosters in by **their first game**.
- C. A player not registered in the Recreation Department office is not eligible to play.
- D. If the Recreation Department finds an ineligible player the team she is playing on will forfeit one match and the player will be suspended from play in each league that she is illegal, for the remainder of the season.
- E. No games will be played until all team fees and rosters are turned in to the Recreation Department during regular office hours.
- F. The Recreation Department office must be informed about any roster changes before the player involved can play. Managers are responsible for their rosters and player's eligibility, NOT the Recreation Department.
- G. Any change of team managers must be made at the Recreation Department with approval of both managers (old and new) and the sponsor. If the change is not filed, players signed by the new manager are ineligible to play.
- H. Any current high school and/or college varsity volleyball player, playing during their season is ineligible to participate in this league. Only two current high school and/or college players are allowed on a roster.
- I. Rosters will be limited to a maximum of twelve (12) players.
- J. A player once removed from a team roster cannot be reinstated on that team.
- K. A person must be listed on the team's roster at the Recreation Department by 4:00 p.m. of the day scheduled to play or she will be ineligible for that night. No roster changes will be made after February 14, 2020.

### RULE 2 - OFFICIALS

- A. Officials, as chosen by the Recreation Department, shall be in full authority of the game.

### RULE 3 - RULES

- A. Your team may take two (2) time outs per game, each 30 seconds in length. Time between games will be approximately two (2) minutes.
- B. All games will begin at the scheduled times. If, five (5) minutes after the scheduled starting time, the team is not ready to play, the first game will be forfeited. If after 10 minutes the team is not ready to play, the remaining 2 games will be forfeited. If a team has 2 players at the scheduled starting time, the game must begin.
- C. A match will consist of 3 games rallied to 21 points; do not have to win by 2, and let serves are legal.
- D. All players must wear gym shoes. No street shoes of any kind will be allowed. No jewelry, except wedding band and flush pierced earrings may be worn.
- E. The referees and managers, at any particular game, may NOT make agreements contrary to game or league rules.
- F. Management of the league not covered by the rules shall be determined by a majority vote of the managers.
- G. Any ball touching a court boundary line is IN bounds.
- H. The ball must be clearly hit. If the ball comes to rest when hit; it is an illegal hit. You cannot catch, hold, guide, lift, or throw the ball, however, double hits on hard hit balls are legal.
- I. **Any first ball over can be doubled.** Second set must be clean.
- J. You must have at least two (2) players to start any game. A team playing with more than six (6) players shall rotate extras in and starters out, having only six (6) on the floor at one time.
- K. Teams can change positions after each game. Receiving teams will rotate into the serve.
- L. Players arriving late will be allowed to come in on any dead ball but not into the serving position.
- M. The match will start with a coin toss with each team. Winner has choice of serve, receive, or side. Second game opposite team serves. 3<sup>rd</sup> game winner again has choice.
- N. The server can serve from anywhere behind the end line and must hit the ball with her hand, fist, or arm. Server can step over the end line with one foot. If, on the serve, the ball touches any part of the ceiling, backboard, or ropes, it is a side out. Server will be allowed one re-serve on a bad toss, per service.
- O. Score as announced by the official will stand unless correction is made before the next serve.
- P. No legal serve will be allowed before the referee has announced the score and blown the whistle. A team serving without the announcement of the score and whistle will be given one warning per service and then will lose the serve.

- Q. A player may not touch the net, break the plane of the net, except when blocking, or step across the centerline. Players CAN NOT block or attack the serve. An attack is any overhand hit above the head with a downward follow through.
- R. A ball may be played from the net.
- S. A team may not play the ball more than three (3) times before it crosses the net, except when blocking. Then there are three (3) hits remaining.
- T. A ball hitting any part of a basket, backboard, ceiling, or any over-hang obstruction in bounds on your side of the net, if hit by your team, the ball is still in play.
- U. Any ball hit by your team off the ceiling, basket, or an overhang obstruction on the opposite side of the net will be a side-out. If it hits the ceiling, then crosses the net it is a side-out.
- V. A ball interfering from the other court will be replayed. Continue play until the whistle is blown. Officials will use good judgment in regards to safety.
- W. A player cannot play the ball twice in succession, except when blocking.

#### **RULE 4 - CONDUCT OF PLAYERS**

- A. Managers shall be responsible to see that none of their players or spectators consume any food or beverage in the gym. **\*All children must stay in the gymnasium and behave in an orderly manner\*** – Managers – please inform your players of this.
- B. There is absolutely **NO** smoking allowed on school grounds.
- C. Unsportsmanlike conduct, if in the official's judgment, came as an unsportsmanlike gesture or remark directed at an official - automatic ejection from the game.
- D. If any player is ejected more than twice during the season, she will be suspended for the remainder of the year.
- E. All rules above are subject to change if supervisor deems it necessary. Also, suspension can be increased if necessary.

#### **RULE 5 - POSTPONEMENT, FORFEITS, AND PROTESTS**

- A. League standings will be computed on percentage basis when necessary.
- B. If necessary, games can be rescheduled if the opposing team agrees. The supervisor must be notified 24 hours in advance of any changes in the original schedule.
- C. Games shall be completed after protesting manager notifies the referee that she is playing under protest. Protest must be made in writing by the manager of the protesting team and must be in the office of the Recreation Department within 48 hours of the game. A protest fee of \$10.00 must accompany all protests. A neutral committee of three people will act upon protests. If protest is allowed, the game will continue at point of protest. Protests cannot be made at the conclusion of a game or match; they must be made at the time of the infraction.
- D. Use of an ineligible player forfeits that game. Ineligible players can be protested at any time but this must be verified by the Recreation Department.
- E. The second forfeit of the season will count as a double loss in league standings. They will not have the privilege of majority of team members to claim their spot in that or any other league. They will be treated as a new team and will be served on a first-come, first-served basis for league sign-ups.

#### **RULE 6 - CHAMPIONSHIP**

- A. A straight schedule shall be played. In case of a tie, there shall be a one-match playoff to determine the championship.
- B. The Recreation Department will provide individual championship T-shirts or a certificate for each league's winning team.

#### **RULE 7 - ORGANIZATION**

- A. Wednesday evening will have two divisions: CLASSIC and MAJOR
- B. The Recreation Department Supervisor will place teams into appropriate leagues. Consideration will be given to team standings of previous year. New teams will also be evaluated.
- C. Cross scheduling may be possible.

#### **NOTE:**

*\* The Recreation Department does not provide accident or hospital insurance for people participating in Department sponsored activities.*

*\* ALL players under 19 years of age must read, sign, and return to the Recreation Dept. the state concussion law form. The form may be found at the Rec. Dept. or on our website [www.fdlrecdept.com](http://www.fdlrecdept.com). Players will not be allowed to play without this form handed in.*