



Recreation Department
929-2885

www.fdlrecdept.com



2019 • 4th & 5th Grade Coed Volleyball Rules

1. Courts: The playing courts will be located in elementary school gyms. In some cases, double courts will be used. The Recreation Department will provide volleyballs; schools will provide the nets. Nets will be set up and taken down by the custodians.
2. Number of Players: Teams will consist of 6 players on the court at a time. Teams must have at least four people to play. No officials will be provided. Coaches or parent volunteers will officiate and score games.
3. Substitution: All players will rotate in and out during each game.
4. Toss: Winner of the coin toss will serve the first game. The team that loses the first game will serve the second game, and the team that loses the second game will serve the third. Teams will switch sides after each game.
5. Scoring/Length/Timeouts: Teams will play three games. NO standings will be kept.

A game will be rallied to 21 points, first team to 21 will be determined the winner. A point is awarded on each serve. After a person serves 5 consecutive points, the serving team will rotate but will maintain possession of the ball.
6. Game Times: Games will be scheduled at 4:00, 4:45 and 5:30 p.m. Teams will be given a 10-minute grace period for the first match. After this time, the team will be allowed to play only 2 games. Please have your team there and ready to play at the scheduled time.

BASIC RULES:

- * Any ball touching a boundary line is IN bounds.
- * Players can step over the end line with one foot on the serve. The server must wait for the coach to announce the score and blow the whistle.
- * If, on the serve, the ball touches the ceiling or an object in play, it is a side-out.
- * Let serves are legal. If the ball touches the net and goes over, it is good.
- * A player may not touch the net or touch the floor across the centerline.
- * A team cannot play the ball more than (3) times before it crosses the net.
- * A ball hit by your team that hits any part of a basket, backboard, ceiling or any overhang obstruction in bounds on your side of the net is still in play.
- * If the ball hits the ceiling then crosses the net, or hits any overhang obstruction out of bounds, it is a dead ball, side-out.