

FALL 2025

FDLSD | COMMUNITY
ED & REC

72 W. 9th St.
Fond du Lac, WI 54935
(920) 929-2885
www.fdlrecdept.com



Welcome!

FDL-SD Community Education & Recreation Department

72 W. 9th St.
Fond du Lac, WI 54935

Monday - Friday
7:30am - 4:00pm

(920) 929-2885 (office)
(920) 906-6666 (cancellation hotline)
www.fdlrecdept.com

Staff

Bill Greymont
Coordinator

Kent Ellingson
Recreation Supervisor

Tami Triller
Aquatics Manager

Susan Golla
Recreation Secretary

Julie Mich
Recreation Secretary

John Lloyd
Lead Maintenance

Register Today!



Online

Visit www.fdlrecdept.com

"Log In" link on the upper right of your screen. Follow the prompts & complete the process with your payment!

Please note: registration is not complete without payment.



Stop In

Our office staff is here to help and available at 72 W. 9th St.
(located directly across from Fruth Field entrance gate)

Monday - Friday
7:30am - 4:00pm

After hours? Place your registration form & payment in secured drop box located outside the front entrance.



Mail

Drop your registration form and check in the mail to:
FDL-SD Community Ed & Rec Dept.
72 W. 9th St.
Fond du Lac, WI 54935

Adult Sports & Fitness	9 - 12	Special Events	20 - 22
Adult Enrichment	12 - 14	Swimming Lessons	18 & 19
Bus Trips	20	Youth Enrichment	7 & 8
Early Childhood	2	Youth Sports	3 - 6
FDL-SD Aquatic Center	15 - 19		



Dear Fond du Lac School District
and Community Residents,

We are excited to bring the community another season
filled with opportunities to connect, learn, and stay active!
This fall, we are offering:

- **Youth Enrichment Activities** – fun, engaging programs to inspire creativity and growth.
- **Adult Enrichment Classes** – expand your skills and hobbies in a welcoming environment.
- **Youth Sports Leagues** – build teamwork, skills, and friendships on the field and court.
- **Adult Leagues** – enjoy competition and camaraderie in a variety of sports.
- **Aquatic Center Activities** – from swim lessons to open swims, there's something for everyone.
- **Adult Fitness Programs** – stay healthy and active with classes for all fitness levels.



Mark your calendars for our Annual Community Events:

- Warrens Trip – September
- Trick You Trunk - October
- Holiday Wonder Art & Craft Expo – November 1st

We are also continuing to offer Lifeguarding Certification Classes to support community safety and provide valuable job skills.

Join us for a season of fun, learning, and community spirit!

Sincerely,

Bill Greymont
FDL-SD Community Education and Recreation Department
Coordinator

Little Sports: Ages 4 - 6

These introductory classes will teach fundamentals of each sport. These fundamentals include things like, passing, catching, ball handling and teamwork. The classes will work on skill development, sportsmanship, and coordination in a fun, noncompetitive environment.

Location: Woodworth Cafeteria

*Please note – Participants must be 4 years old by the first day of class

Activity Code	Class	Age(s)	Date(s)	Day(s)	Time(s)	Cost	Min/Max
2526-210	Jr. Flag Football	4 - 6	Sept 25 - Oct 16	Thurs	5:30 - 6:15 ^{pm}	\$22	12/20
2526-241	Little Dribblers Basketball	4 - 6	Nov 6 - Dec 4 (No class Nov 27)	Thurs	5:15 - 6:00 ^{pm}	\$22	12/20
2526-242	Little Dribblers Basketball	4 - 6	Nov 6 - Dec 4 (No class Nov 27)	Thurs	6:15 - 7:00 ^{pm}	\$22	12/20



Wiggles & Giggles: Ages 3 & 4

Children will develop and improve motor skills, balance, coordination, and flexibility through activities that make them wiggle and giggle. Children will also grow socially and confidently while having fun and making new friends. The class includes group parachute games, dancing, singing, and so much more.

Location: Community Ed and Recreation Classroom (85 Morningside Dr.)

Activity Code	Age(s)	Date(s)	Day(s)	Time(s)	Cost	Min/Max
2526-219	3 & 4	Oct 6 - 27	Mon	5:30 - 6:15 ^{pm}	\$22	8/12

Stories and So Much More!: Ages 2 & 3 w/Adult

It is story time with a twist! Each week we will gather and listen to a popular children's story, we will then bring the story to life through art, games, and FUN! Jump into a new world and discover what adventures might unfold when we go beyond the page! An adult must attend and participate with the child.

Location: Community Ed and Recreation Classroom (85 Morningside Dr.)

Activity Code	Age(s)	Date(s)	Day(s)	Time(s)	Cost	Min/Max
2526-235	2 & 3 w/ Adult	Nov 3 - 24	Mon	5:30 - 6:15 ^{pm}	\$17	5/8



'Twas the Night before Christmas: Ages 3 - 5

Explore the magic of Christmas! Children will participate in activities all based on Christmas. Class will include art and craft projects, stories, large motor skills, and so much more! **Location: Community Ed and Recreation Classroom (85 Morningside Dr.)**

Activity Code	Age(s)	Date(s)	Day(s)	Time(s)	Cost	Min/Max
2526-253	3 - 5	Dec 1 - 22	Mon	5:30 - 6:15 ^{pm}	\$22	8/12

Kids Yoga: Ages 3 - 8

Preschool/4k children will learn fun and basic yoga poses, to gain awareness of how to stretch and move their bodies. They will also learn to breathe by recognizing their feelings and using beanie babies to calm themselves. This class will include themes and interactive games to build self-confidence. Your children will learn fun and basic yoga poses through interactive theme days, using dice and flashcards, by then gaining flexibility and balance. Your child will learn how to recognize what to do when they are feeling different emotions by using various poses and breathing techniques in a fun and interactive way. Your child will gain confidence in their ability to use mindfulness to teach others. **Elementary** children will learn fun and basic yoga poses through interactive theme days, using dice and flashcards, by then gaining flexibility and balance. Your child will learn how to recognize what to do when they are feeling different emotions by using various poses and breathing techniques in a fun and interactive way. Your child will gain confidence in their ability to use mindfulness to teach others.

Location: Conference Room (85 Morningside Dr.)

Activity Code	Age(s)	Date(s)	Day(s)	Time(s)	Cost	Min/Max
2526-215	3 & 4	Oct 2 - 23	Thurs	4:00 - 4:30pm	\$10	4/10
2526-217	5 - 8	Oct 2 - 23	Thurs	4:45 - 5:15pm	\$10	4/10
2526-248	3 & 4	Nov 13 - Dec 11 (No class Nov 27)	Thurs	4:00 - 4:30pm	\$10	4/10
2526-249	5 - 8	Nov 13 - Dec 11 (No class Nov 27)	Thurs	4:45 - 5:15pm	\$10	4/10

C I D E R E L L B T H S
 H A R V E S T A O H A C
 E I W R M Q U N N H Y A
 S P I C E U N T F O R R
 T A R C O A O E I T I E
 N C A P C S F R R A D C
 U O V U K H H N E L E R
 T R E M E M A P L E P O
 M N L P N E K A A A S W
 P M P K C O R N L V E W
 G O I I G G N W H E A T
 C R A N B E R R Y S N S

AUTUMN WORD HUNT

Find the hidden words of the autumn.



ACORN	CIDER
PUMPKIN	LEAVES
CHESTNUT	HAYRIDE
CRANBERRY	LANTERN
CORN	MAPLE
SPICE	WHEAT
SQUASH	BONFIRE
HARVEST	SCARECROW

Don't miss these opportunities to represent your school and grade in these recreation sport leagues. Games or matches will take place on the days listed below and team practices will take place at the coach's discretion. Students will receive league registration information from their schools. Please return all registration information to your school's athletic coordinator. All participants must have a signed concussion & sudden cardiac arrest form turned into their school.

Interested in coaching a team? Please let your school's athletic coordinator know right away!



Co-Ed Volleyball League: Grades 4 & 5

Sept 24 - Oct 15

Mon & Wed

Times: 4:15, 5:00, & 5:45^{pm}

Locations: Elementary Schools - TBD

Middle School Volleyball Leagues

Girls

Sept 16 - Oct 16

Tues & Thurs

Times: 4:00, 4:55 or 5:50^{pm}

Locations: Woodworth, Sabish, Theisen, and/or Riverside

Students interested in playing should contact the Athletic Coordinator at their school.

Boys Middle School Volleyball information will be available in our Winter/Spring Activity Guide



Basketball Leagues



Gr. 4 & 5

Middle School

Boys' Season: Nov 19 - Dec 22

(no games Nov 26)

Girls' Season: Jan 21 - Feb 18, 2026

Mon & Wed

Times: 4:00, 4:55 or 5:50^{pm}

Locations: Elementary Schools -
To Be Determined

Details will be sent home through the schools
before each season.

Boys' Season: Nov 6 - Dec 18

(no games Nov 26)

Girls' Season: Jan 8 - Feb 19, 2026

Tues & Thurs

Times: 5:30, 6:20, or 7:10^{pm}

Locations: Woodworth, Sabish,
Theisen, and/or Riverside

Students interested in playing should contact the
Athletic Coordinator at their school.

Fundamentals of Water Polo: gr. 9 - 12

This class is designed to introduce you to the exciting, fast-paced sport of water polo. We'll cover the essential building blocks: treading water, passing, shooting, defensive positioning, and basic game rules. You'll develop endurance, teamwork, and water confidence while learning how to think strategically in the pool. No prior water polo experience is needed*—just a positive attitude, willingness to get wet, and a love for friendly competition. By the end of this class, you'll not only understand how the game is played, but you'll also be ready to join in scrimmages and enjoy the sport for a lifetime. **Please note: Participants must be able to swim and tread water well.* **Location: FdL-SD Aquatic Center (100 W. 9th St.)**



Activity Code	Age(s)	Date(s)	Day(s)	Time(s)	Cost	Min/Max
2526-207	Gr. 9 - 12	Sept 20 - Nov 8	Sat	10:00 - 11:00 ^{am}	\$45	5/20

Cardinal Volleyball Clinic: gr. 4 - 8

Join the Cardinal Girls Volleyball Team for a clinic that will improve your volleyball skills and fundamentals through drills, techniques, and games in a fun and recreational setting. This camp will be led by Coach Emily Riese and FHS Varsity Girls Volleyball players.

Location: FdL High School



Activity Code	Age(s)	Date(s)	Day(s)	Time(s)	Cost
2526-229	Gr. 4 & 5	Oct 19	Sun	1:00 - 2:30 ^{pm}	\$23
2526-230	Gr. 6 - 8	Oct 19	Sun	2:30 - 4:00 ^{pm}	\$23

Cardinal Skippers Clinic: Grades 1-12

Here's your opportunity to find out what the Cardinal Skippers Jump Rope Team is all about! Current Cardinal Skippers and past jumpers will teach participants some start up skips, jumps, and turns to introduce them to the Skippers program. Registration includes a t-shirt or jumprope. The Skippers are excited to share their passion and fun for the sport of Jump Rope! For more information, please contact: Jolinn Ennis, ennisj@fonddulac.k12.wi.us

Location: Riverside Elementary Gym

Activity Code	Age(s)	Date(s)	Day(s)	Time(s)	Cost
2526-243	Gr. 1 - 12	Nov 8	Sat	9:00 ^{am} - 12:00 ^{pm}	\$25 by Nov 2 \$30 after Nov 2 or at door

LIKE TO SWIM?

JOIN THE FONDY SWIM CLUB

- COMPETITIVE COMMUNITY SWIM TEAM FOR AGES 6 AND UP
- SUPPORTIVE AND FAMILY FRIENDLY WITH PROFESSIONAL COACHES
- REACH OUT TO US FOR MORE INFORMATION!

FONDDULAC.SWIM@GMAIL.COM



Exploring German for Kids: Ages 5 - 12

Come and join the fun! We will be exploring the German language and their culture. Kids in this class will learn the alphabet, numbers, colors, in addition to basic words and expressions. Each class will include songs, games, and enjoy hands-on activities to experience the German way of life.

Location: Community Ed and Recreation Building - 85 Morningside Drive - Conference room



Activity Code	Age(s)	Date(s)	Day(s)	Time(s)	Cost
2526-231	5 - 7	Oct 20 - Nov 10	Mon & Wed	4:00 - 5:00 ^{pm}	\$25
2526-232	8 - 12	Oct 20 - Nov 10	Mon & Wed	5:15 - 6:15 ^{pm}	\$25

"Home Alone" Babysitting Class: Ages 10 - 15

Being in charge of younger children is a great responsibility. Babysitting can be fun, rewarding, and often times a challenging experience. This class will provide the basic information on preparing yourself to babysit, dealing with children, parent rules and expectations, discipline, safety, first aid, and how to deal with emergencies should they arise. The class will cover basic first aid, choking, and CPR. Students will receive an American Heart - CPR/AED certification upon completion of the course. Please bring a bag lunch with you to class.

Location: Community Ed and Recreation Classroom (85 Morningside Dr.)



Activity Code	Age(s)	Date(s)	Day(s)	Time(s)	Cost	Min/Max
2526-244	10 - 15	Nov 8	Sat	8:00 ^{am} - 4:00 ^{pm}	\$70	10/20

Christmas Cookies: Ages 6 - 12

Get in the spirit of the season by decorating Christmas cookies! We will provide the cookies, you provide the creativity for the decorating! Let your creativity run wild as we decorate Christmas trees, candy canes, ornaments, stockings, snowflakes, and more! All participants will receive 15 cookies that they will decorate and a Christmas Cookie tin to take home.

Location: Community Ed and Recreation Classroom (85 Morningside Dr.)

Activity Code	Age(s)	Date(s)	Day(s)	Time(s)	Cost	Min/Max
2526-256	6 - 12	Dec 6	Sat	10:00 - 11:15 ^{am}	\$25	8/20

Youth Project Studio: Ages 7 - 15

Crafts with Miss Julie...craft class where the fun never stops

Location: Community Ed and Rec Classroom (85 Morningside Dr.)



Welcome Fall with some fall crafts

Activity Code	Age(s)	Class	Date(s)	Day(s)	Time(s)	Cost	Min/Max
2526-201	7 - 15	Pumpkins & Beads	Sept 9	Tues	5:00 - 6:00pm	\$5	6/10
2526-205	7 - 15	Candy Corn	Sept 16	Tues	5:00 - 6:00pm	\$5	6/10
2526-208	7 - 15	Crows	Sept 23	Tues	5:00 - 6:00pm	\$5	6/10
2526-213	7 - 15	Pumpkin Blocks	Sept 30	Tues	5:00 - 6:00pm	\$5	6/10

Celebrate Halloween with Spooky Crafts

Activity Code	Age(s)	Class	Date(s)	Day(s)	Time(s)	Cost	Min/Max
2526-220	7 - 15	Frankenstein Head	Oct 7	Tues	5:00 - 6:00pm	\$5	6/10
2526-223	7 - 15	Frankenstein Gnome	Oct 14	Tues	5:00 - 6:00pm	\$5	6/10
2526-233	7 - 15	Crazy Halloween Plant	Oct 21	Tues	5:00 - 6:00pm	\$5	6/10

Start the Holiday Season with some new decorations

Activity Code	Age(s)	Class	Date(s)	Day(s)	Time(s)	Cost	Min/Max
2526-237	7 - 15	Fun with Wood	Nov 4	Tues	5:00 - 6:00pm	\$5	6/10
2526-246	7 - 15	Turkey Gnome	Nov 11	Tues	5:00 - 6:00pm	\$5	6/10
2526-250	7 - 15	Fun with Trees	Nov 18	Tues	5:00 - 6:00pm	\$5	6/10



Make some Christmas crafts for yourself or as a gift for a loved one

Activity Code	Age(s)	Class	Date(s)	Day(s)	Time(s)	Cost	Min/Max
2526-254	7 - 15	Grinch Ornaments	Dec 2	Tues	5:00 - 6:00pm	\$5	6/10
2526-257	7 - 15	Grinch Gnome	Dec 9	Tues	5:00 - 6:00pm	\$5	6/10
2526-259	7 - 15	Christmas Surprise	Dec 16	Tues	5:00 - 6:00pm	\$5	6/10

2025 CARDINAL ATHLETIC HALL OF FAME *Golf Outing*



**SUNDAY,
SEPTEMBER 21ST**

**11:00 AM
REGISTRATION**

**12:00 PM
SHOTGUN START**

\$100.00 per person

Includes 18 Holes, Cart, Gift, and Dinner

Silent Auction, Raffle Baskets, and Mulligans for purchase at the event

Register on [Rolling Meadows Website](#) under Events

Sponsorship Opportunities:

Hole Sponsor – \$150.00

Major Sponsor – \$300.00

*For more information follow link above or contact the
Athletic Office at 920-929-2740*

PRESENTED BY:

FOND DU LAC HIGH ATHLETIC DEPARTMENT

*Proceeds from the event are used for the athletic
programs at Fond du Lac High School.*

Yoga: Ages 16+

This Yoga class is designed to improve the health, performance, and mental acuity of individuals interested in improving their level of fitness. Based on the ancient fitness science of hatha yoga, it blends balance, strength, flexibility, and power in a fitness format. Yoga overcomes the mystery by delivering a practical, user-friendly style, which is accessible, understandable, and doable by individuals at any level of fitness; reducing the risk of injury and augmenting recovery for ailments including stress, lower back pain, and tension. **Location: TBA**

Activity Code	Age(s)	Date(s)	Day(s)	Time(s)	Cost (R/NR)
2526-206	16+	Sept 18 - Oct 23	Thurs	5:00 - 6:00 ^{pm}	\$46
2526-239	16+	Nov 6 - Dec 18 (no class Nov 28)	Thurs	5:00 - 6:00 ^{pm}	\$46

Zumba: Ages 16+

Zumba - Let it move you! There are a lot of ways to lose weight and get in shape, some are just more fun! Join the ultimate dance-fitness party that beats a boring old workout any day. Some benefits of Zumba workouts include combining all elements of fitness - cardio, muscle, conditioning, balance and flexibility, boosted energy, and a serious dose of awesome each time you leave class. Bring everything including your smile and let the music free your body. Zumba is the ultimate dance-fitness party that will groove you into shape. Participants should bring 1-3 lbs. weights. **Location: Woodworth Cafeteria**

Activity Code	Age(s)	Date(s)	Day(s)	Time(s)	Cost (R/NR)
2526-203	16+	Sept 16 - Oct 28	Tue	5:30 - 6:30 ^{pm}	\$52/\$57
2526-236	16+	Nov 4 - Dec 16	Tue	5:30 - 6:30 ^{pm}	\$52/\$57

Womens' Recreation Volleyball League

Wednesdays: Oct 29 - Mar 11

(16 Game Schedule)

Sponsor Fee: \$130.00

Team Fee: \$160.00

Riverside Gym

6:30, 7:15, & 8:00^{pm} game times



FOND DULAC
— SCHOOL DISTRICT —

WORK IN FONDY

- We Are Hiring
- Apply Today on WECAN
- JOIN US, visit FDLsd.org/work for more information

FOND DULAC
— SCHOOL DISTRICT —

ENROLL IN FONDY

- Is Your Child(ren) Enrolled?
- Complete Your Paperwork Today
- How To Enroll, visit FDLsd.org/enroll

* Out-of-District Open Enrollment annually February to April



Adult Pickleball: Ages 16+

Come and join the newest craze in Sports! Pickleball! Thinking about playing pickleball, but don't know how?? This 4-week beginner class will introduce the basics of pickleball; including fundamentals of serving, return of a serve, dinking, scoring, etc. Paddles will be provided but you are welcome to bring your own. Skills & Drills - Intermediate class will help improve your pickleball skills through drills, serving, return of a serve, dinking, technique, etc. The importance of having fun will be enforced. Limited spots available. Sign up today to join the FUN!! **Location: Riverside Elementary North Balcony**

Activity Code	Class	Date(s)	Day(s)	Time(s)	Cost (R/NR)	Min/Max
2526-216	Beginner	Oct 2 - 23	Thurs	4:00 - 5:00 ^{pm}	\$25	6/12
2526-218	Skills & Drills - Intermediate	Oct 2 - 23	Thurs	5:15 - 6:15 ^{pm}	\$25	6/12

Indoor Pickleball Play: Ages 16+

We will have six indoor courts available for adults (16 and older) to come and play. Reservations are not required, just show up and play. If people are waiting to play, players need to rotate in, time limits will apply. Nets are provided. No locker rooms are available.

Location: Riverside Elementary Gymnasium

Activity Code	Age(s)	Date(s)	Day(s)	Time(s)	Cost (R/NR)
2526-240	16+	Nov 6 - Mar 19	Thurs	7:00 - 9:00 ^{pm}	FREE



Paddle Board Pilates

with Proactive Core Health: Ages 16+

This class is an indoor paddle board Pilates mat-style class taught by a licensed physical therapist, also trained in Pilates instruction. Pilates is great for anyone, beginner or advanced, wanting to increase or improve their flexibility, stability, mobility and strength. This is a fantastic program that works on improving an individual's body awareness by focusing on deep core muscles while adding in the extra balance challenge of being on the water. Be sure to join a class today!

Location: FdL-SD Aquatic Center

Activity Code	Age(s)	Date(s)	Day(s)	Time(s)	Cost (R/NR)	Min/Max
2526-199	16+	Sept 3 - Oct 8	Wed	9:00 - 9:45 ^{am}	\$30/\$35	4/6
2526-225	16+	Oct 15 - Nov 19	Wed	9:00 - 9:45 ^{am}	\$30/\$35	4/6



Pilates

with Proactive Core Health: Ages 16+

Water not your thing? Join us in the Aquatic Center Classroom for our indoor Pilates mat-style class taught by a licensed physical therapist, also trained in Pilates instruction. Pilates is great for anyone, beginner or advanced, wanting to increase or improve their flexibility, stability, mobility and strength. This is a fantastic program that works on improving an individual's body awareness by focusing on deep core muscles. Be sure to join a class today! **Location:** FdL-SD Aquatic Center



Activity Code	Age(s)	Date(s)	Day(s)	Time(s)	Cost (R/NR)	Min/Max
2526-200	16+	Sept 3 - Oct 8	Wed	10:00 - 11:00 ^{am}	\$30/\$35	4/6
2526-227	16+	Oct 15 - Nov 19	Wed	10:00 - 11:00 ^{am}	\$30/\$35	4/6

Adult Craft Workshop: Ages 16+

Create a lighted Christmas present to use under your tree or porch for decoration.

Location: Community Ed and Rec Classroom (85 Morningside Dr.)

Activity Code	Age(s)	Date(s)	Day(s)	Time(s)	Cost	Min/Max
2526-252	16+	Nov 25	Tues	5:00 - 7:00 ^{pm}	\$20	6/10

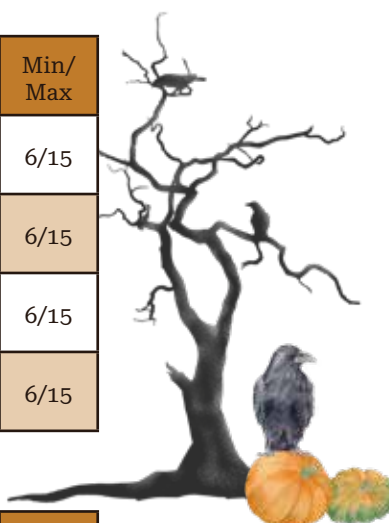
Maker's Monthly: Ages 16+

Crafts with Miss Julie...craft class where the fun never stops

Location: Community Ed and Rec Classroom (85 Morningside Dr.)

Hello Fall! Welcome Fall with some fall crafts

Activity Code	Age(s)	Class	Date(s)	Day(s)	Time(s)	Cost	Min/Max
2526-202	16+	Leaf Plate	Sept 9	Tues	6:30 - 8:00 ^{pm}	\$5	6/15
2526-204	16+	Hello Fall Sign	Sept 16	Tues	6:30 - 8:00 ^{pm}	\$5	6/15
2526-209	16+	Crows	Sept 23	Tues	6:30 - 8:00 ^{pm}	\$5	6/15
2526-214	16+	Pumpkin Blocks	Sept 30	Tues	6:30 - 8:00 ^{pm}	\$5	6/15

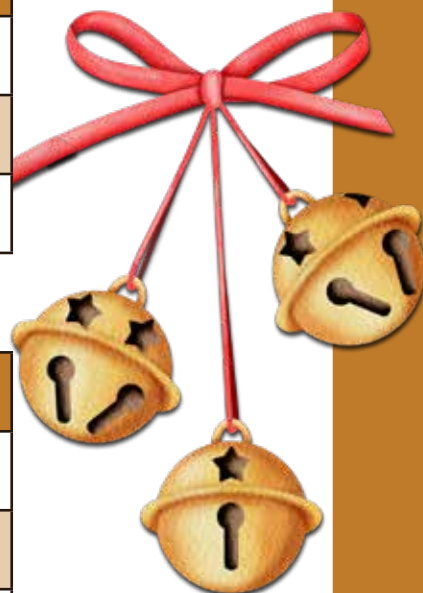


Celebrate Halloween with Spooky Crafts

Activity Code	Age(s)	Class	Date(s)	Day(s)	Time(s)	Cost	Min/Max
2526-221	16+	Frankenstein Head	Oct 7	Tues	6:30 - 8:00 ^{pm}	\$5	6/15
2526-224	16+	Frankenstein Gnome	Oct 14	Tues	6:30 - 8:00 ^{pm}	\$5	6/15
2526-234	16+	Globe Ghost	Oct 21	Tues	6:30 - 8:00 ^{pm}	\$5	6/15

Start the Holiday Season with some new decorations

Activity Code	Age(s)	Class	Date(s)	Day(s)	Time(s)	Cost	Min/Max
2526-238	16+	Fun with Wood	Nov 4	Tues	6:30 - 8:00 ^{pm}	\$5	6/15
2526-247	16+	Turkey Gnome	Nov 11	Tues	6:30 - 8:00 ^{pm}	\$5	6/15
2526-251	16+	Christmas Swag	Nov 18	Tues	6:30 - 8:00 ^{pm}	\$5	6/15

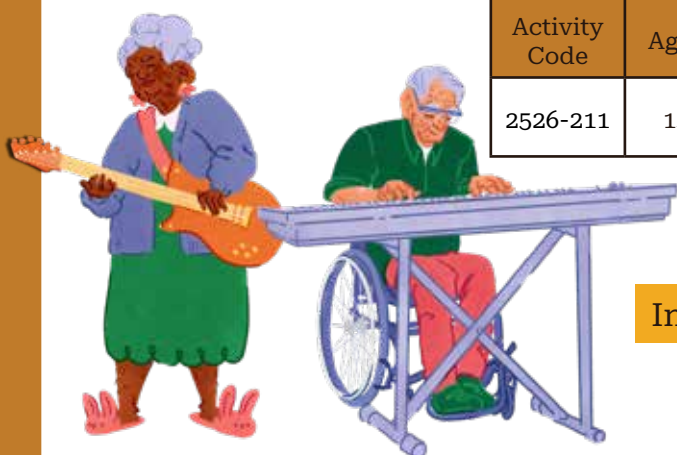


Make some Christmas crafts for yourself or as a gift for a loved one

Activity Code	Age(s)	Class	Date(s)	Day(s)	Time(s)	Cost	Min/Max
2526-255	16+	Jingle all the Way	Dec 2	Tues	6:30 - 8:00 ^{pm}	\$5	6/15
2526-258	16+	Wall Decoration	Dec 9	Tues	6:30 - 8:00 ^{pm}	\$5	6/15
2526-260	16+	Christmas Surprise	Dec 16	Tues	6:30 - 8:00 ^{pm}	\$5	6/15

Instant Piano for Hopelessly Busy People: Ages 13+

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do—using chords. The chord method is LOTS of fun and dramatically easier to learn than reading notes. Fee includes the online book, online recorded follow up lessons, a recording of the class and also an optional live periodic question and answer session. Class is held online using zoom and is partly hands on instruction and partly lecture demonstration. **Location: Class is held via Zoom.**



Activity Code	Age(s)	Date(s)	Day(s)	Time(s)	Cost (R/NR)	Min/Max
2526-211	13+	Sept 29	Mon	6:30 - 9:30 ^{pm}	\$60	1/25

Instructor: Craig Coffman – Chordsarekey.com

Instant Guitar for Hopelessly Busy People: Ages 13+

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play guitar the way professionals do—using chords. The chord method is LOTS of fun and dramatically easier to learn than reading notes. Fee includes the online book, online recorded follow up lessons, a recording of the class and also an optional live periodic question and answer session. Class is held online using zoom and is partly hands on instruction and partly lecture demonstration. **Location: Class is held via Zoom.**

Activity Code	Age(s)	Date(s)	Day(s)	Time(s)	Cost (R/NR)	Min/Max
2526-212	13+	Sept 30	Tues	6:30 - 9:00 ^{pm}	\$60	1/25

“Voice-Overs...Now is your time!”: Ages 18+

In what could be the most enlightening webinar you’ve ever taken, our instructor and professional voice coach will show you how you can actually begin using your speaking voice for commercials, films, videos, and more. Most people go about it the wrong way. In this introductory class, you will learn about a unique, outside the box way to break into this creative, fulfilling, and potentially lucrative industry. Voice-overs can be managed on your own terms, on your own turf, in your own time, and with minimal overhead! Whether you choose to pursue voice-overs part-time or full-time, this could be the game changer you’ve been looking for. In addition to online instruction, you will be given the opportunity to book a 1-on-1 script read and voice evaluation via telephone with your instructor for the following day. This class will be presented via Zoom, you will receive a link the 24 hours prior to the class.

Location: Virtual

Activity Code	Age(s)	Date(s)	Day(s)	Time(s)	Cost (R/NR)
2526-226	18+	Oct 15	Wed	6:30 - 8:30 ^{pm}	\$25



100 W. 9th St. ♦ (920) 929-3536

Hours of Operation September 2 - December 31

Mon - Thurs	Fri	Sat
6:00 ^{am} - 12:00 ^{pm} 4:00 - 6:30 ^{pm}	6:00 - 11:00 ^{am}	8:00 ^{am} - 12:00 ^{pm}

Aquatic Center closes from 12:00 - 4:00^{pm} Mon - Thurs.



WATER WELLNESS \$4.50/class



Punch Cards Available for all Water Wellness Classes
10 Classes: \$40 • 20 Classes: \$75

Low Impact Aerobics

This is a 45 minute workout in the large pool that includes a warm-up, aerobic activity, toning and a cool down.

Tue & Thurs
8:00 - 8:45^{am}

Moderate-High Impact Aerobics

This class is a 45 minute workout that includes a warm-up, 20-30 minutes of aerobic activity, toning and a cool down.

Mon, Wed, & Fri
8:00 - 8:45^{am}

DEEP - [Deep End Exercise Program]

Flotation belts provide buoyancy, eliminating stress on the joints. This class includes cardiovascular conditioning and toning.

Tue & Thurs
6:00 - 6:45^{pm}

Joint Efforts

A series of range-of-motion exercises done in the small pool heated to 89 degrees. The pool depth ranges from 1.5 ft to 4 ft.

Mon, Tues, & Thurs
10:00 - 10:45^{am}

Balance & Strength

Improve balance and strength, while experiencing the benefits of the 89 degree water at the FDL-SD Aquatic Center.

Mon
9:00 - 9:45^{am}

Mindful Grace

Improve balance, stretch and relax. Experience the benefits of the 89 degree water at the FdL-SD Aquatic Center.

Tues & Thurs
9:00 - 9:45^{am}

Water wellness classes are ongoing at the FDL-SD Aquatic Center, registration not required unless otherwise noted.

BIRTHDAY PARTIES ARE BACK!

COME & CELEBRATE WITH US



Call 920-929-2885 for costs and available sessions!

WE ARE HIRING



Open Positions

LIFEGUARDS
AEROBICS INSTRUCTORS
SWIM INSTRUCTORS
ASST. SWIM TEAM COACH

MORE INFO: 920-929-2885

APPLY
NOW!



*PAY BASED ON POSITION AND EXPERIENCE

Lifeguard Training: Ages 15+

The Fond du Lac Community Aquatic Center will be offering a Red Cross blended learning format Lifeguard Training class. Upon completion of this course you will be certified as a Red Cross Professional Lifeguard, also certified in CPR for the Professional Rescuer, and Community First Aid & Safety. Certifications are valid for two years.

Participants must be 15 years of age to be hired as a lifeguard.

Please contact the Aquatic Center (920-929-3536) to make an appointment for your prerequisite test prior to the class start date.

Activity Code	Age(s)	Date(s)	Day(s)	Time(s)	Cost
2526-228	15+	Oct 18 - Nov 1	Sat	8:00 ^{am} - 1:00 ^{pm}	\$75

Registration Deadline: Sunday, Sept 28 for both classes

Classes require a minimum of 4 students to run

Water Safety Instructor (W.S.I) Training: Ages 15+

W.S.I Training Course trains candidates to teach Red Cross Swimming and Water Safety programs to people of all ages and abilities. The course covers topics such as:

Teaching skills: Using course materials, conducting training sessions, evaluating participant progress, and organizational and presentation skills

Water safety: Basic Water Rescue and Personal Water Safety

Swimming skills: Higher-level swim skills, stroke mechanics, and diving from a diving board

Fitness: Aquatic fitness and training

Activity Code	Age(s)	Date(s)	Day(s)	Time(s)	Cost
2526-222	15+	Oct 10	Fri	4:00 - 8:00 ^{pm}	\$75
		Oct 12	Sun	8:00 ^{am} - 4:30 ^{pm}	
		Oct 17	Fri	4:00 - 8:00 ^{pm}	
		Oct 18	Sat	8:00 ^{am} - 4:30 ^{pm}	
		Oct 19	Sun	12:00 - 4:00 ^{pm}	

Participants must attend all dates

Day(s)	Time(s)
Tues & Thurs	10:45am - 12:00pm
Mon & Wed	6:00 - 7:00am



A workout group for improving technique, speed, stamina, and overall fitness. Led by a Masters Certified Swim Coach.

Swimmers must be registered with U.S. Masters Swimming to participate. FDL-SD Aquatic Center admission fees apply.

Fall Swimming Lessons & Registration

Online registration opens the following dates at 8:00^{pm} on the FdL-SD Community Education & Recreation Department website www.fdlrecdept.com - No in-person registration available:

Saturdays: Thursday, Oct 23

\$40 Residents
\$48 Non-Residents

Session 1: Thursday, Sept 4
Session 2: Thursday, Oct 16

\$45 Residents
\$53 Non-Residents

- \$5.00 processing fee will be assessed for any transfer, change in lesson times and/or sessions, or refunds.
- Registering for the incorrect class will not guarantee your child(ren) a spot in classes. If the appropriate class is full, your registration fee will be refunded (minus the \$5.00 processing fee) and your child(ren) must participate in swim lessons at a later date.
- Parents/guardians must observe lessons from the balcony or hallway areas only.

Saturdays: Nov 1st – Dec 13th

(Classes will NOT meet on Saturday, Nov 29th)

Small Pool Lessons (3 - 5 yrs old)		Large Pool Lessons (6 - 14 yrs old)	
Pre-School 1	9:00 - 9:30 ^{am}	Level 1	9:00 - 9:40 ^{am}
	10:10 - 10:40 ^{am}	Level 2	9:00 - 9:40 ^{am}
	10:45 - 11:15 ^{am}		9:45 - 10:25 ^{am}
	11:20 - 11:50 ^{am}		11:15 - 11:55 ^{am}
Pre-School 2	9:00 - 9:30 ^{am}	Level 3	9:45 - 10:25 ^{am}
	9:35 - 10:05 ^{am}		10:30 - 11:10 ^{am}
	10:45 - 11:15 ^{am}	Level 4	10:30 - 11:10 ^{am}
	11:20 - 11:50 ^{am}	Level 5/6	11:15 - 11:55 ^{am}
Pre-School 3	9:35 - 10:05 ^{am}	Adult Swim Lessons (18+)	
	10:10 - 10:40 ^{am}		
			8:00 - 8:45 ^{am}

Lessons are held Monday & Wednesdays

Session 1
Sept 15 - Oct 8

Session 2
Oct 27 - Nov 19

Please note: These classes are being held during the High School Swim season. The large pool is unavailable for lessons during this time frame.

Small Pool Lessons Only (3 - 5 yrs old)

Pre-School 1	4:00 - 4:30 ^{pm}
Pre-School 2	4:30 - 5:00 ^{pm}
Pre-School 3	5:00 - 5:30 ^{pm}
Pre-School 1	5:30 - 6:00 ^{pm}

Small Pool	Large Pool
Pre-School 1: 3-5 years old	Level 1: 6 - 14 years old
No or little experience in water. Will learn proper kicking, submerging head, basic front float, and safety around water.	No experience in water or is unable to prone float, back float, or do rhythmic breathing. Will learn supported floating, submerging of face, blowing bubbles, and able to move comfortably through the water.
	Level 2: 6 - 14 years old
	Must be able to do skills of level 1. Will learn front and back floats, front and back glides, rhythmic breathing, and combined arm & leg motions.
Pre-School 2: 3-5 years old	Level 3: 6 - 14 years old
Must be able to submerge head and do skills learned in Pre-School 1. Will learn front & back crawl combination.	Must be able to do skills of level 2. Will learn front crawl, back crawl, treading water, and butterfly kick.
	Level 4: 6 - 14 years old
	Must be able to do skills of level 3. Will learn stride jump, feet-first surface dive, elementary backstroke, sidestroke, butterfly, and coordination of front & back crawls. At conclusion, student will be able to swim front crawl, back crawl, and elementary back for 25 yards each and breast stroke, butterfly, and side stroke for 15 yards each.
Pre-School 3: 3-5 years old	Level 5/6: 6 - 14 years old
Must be able to do skills learned in Pre-School 2. Will learn rotary breathing and work on refining previously taught skills without assistance.	<u>Level 5:</u> Must be able to do all skills of level 4. Will learn long shallow dive, surface dives, flip turns, and will perfect front crawl, back crawl, breaststroke, butterfly, side stroke, survival float, and treading of water.
	<u>Level 6:</u> Must be able to perfect skills of level 5. Level 6 will include perfection of all strokes & surface dives, conditioning, underwater swimming, competitive turns for all strokes, and life guarding basics.
Registering for the incorrect class will not guarantee your child(ren) a spot in classes. If the appropriate class is full, your registration fee will be refunded and your child(ren) must participate in swim lessons at a later date.	



\$4.50 per class or
10 Classes: \$40 • 20 Classes: \$75

Water Buds

Formerly Baby Seals

Parent-Tot swim class ~ no registration needed
Ages: 6 months - 3 years

Mondays & Wednesdays
6:00 - 6:30pm

www.fdlrecdept.com (920) 929-2885

Warrens Cranberry Festival

Join us for a day of fall fun at the 52nd Annual Warren's Cranberry Festival. Tour the cranberry marshes and browse more than three miles of antiques, arts & crafts booths, and many food vendors. This festival is spread across the town of Warrens and a considerable amount of walking will be required. The festival has courtesy carts and people movers available, but cannot guarantee availability for everyone. The festival is held rain or shine. For more information on the festival, visit www.cranfest.com

Departure: FDL Aquatic Center parking lot, 100 W. 9th St.



Activity Code	Age(s)	Date(s)	Day(s)	Time(s)	Cost (R/NR)	Min/Max
2425-426	All	Sept 26	Fri	6:45am - 7:30pm	\$48	40/52

Annual Chicago Shopping Trip

The options are endless, and the food is amazing in the Windy City! Shop over 400 exclusive stores and boutiques in three indoor malls all on the Magnificent Mile or explore Chicago's skyline at Willis Tower. Take a stroll or hop on the trolley to Millennium Park for some outdoor skating and photo opportunities with famous Chicago architecture. The day will include lots of walking and be prepared for all kinds of weather! **Departure: FDL-SD Aquatic Center parking lot, 100 W. 9th St.**

Activity Code	Age(s)	Date(s)	Day(s)	Time(s)	Cost (R/NR)	Min/Max
2526-245	All	Nov 8	Sat	6:30 ^{am} - 7:30 ^{pm}	\$48 (18+) \$15 (5 -17) FREE (4 & under)	40/52

Trick your Trunk

Save the date and join us for our Annual Halloween Trick your Trunk! Deck out your ride like you would your house (*include candy for all the little ones*). Little ghouls and goblins will trick or treat from trunk to trunk and have a wicked great time!

Location: Woodworth Middle School North Parking Lot

Age(s)	Date(s)	Day(s)	Time(s)	Cost
All	Oct 24	Fri	5:00 - 6:00 ^{pm}	FREE

We are always looking for groups, individuals, or organizations interested in decorating their vehicle and handing out candy. If you are interested in helping, please contact the Rec Dept at 929-2885. Prizes will be awarded for the best vehicle!

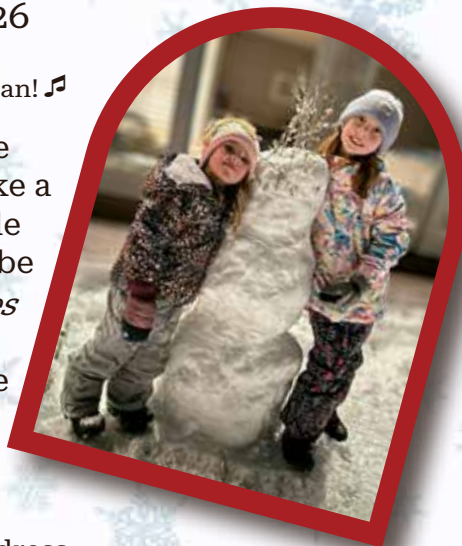


Family Snowman Building Contest

First snowfall of the 2025 Season - March 8, 2026

♪ Do you want to build a snowman? It doesn't have to be a snowman! ♪

Open to all residents in the FDL School District. Anyone interested, should build a snowman in their yard and take a picture of the snowman with their family standing beside it. Be creative, make your snowman unique. Prizes will be awarded for the following categories: *Largest, Most Likes on Facebook, Best Animal, Best use of Accessories and Best Traditional Snowman!* Photos will be posted on the Rec Dept Facebook page and the winner will be selected by the Recreation Department.



How to enter: Send a photo along with your name, address, and phone number to ellingsonk@fonddulac.k12.wi.us or drop off your photo and info at the FDL-SD Community Education & Recreation Dept Office. One entry per address.



Children of all ages, here's your chance to write a letter to Santa! Please remember to include your name, city, age, and most importantly, how you plan to stay on the "NICE" list!

(Parents/Guardians, please remember to print a full name & complete address, so Santa knows where to send the letter back! He wants to make sure each child will get a letter back)

Letters to
Santa

Drop-off your letter at one of the special mailbox locations:

FDL Aquatic Center, 100 W. 9th St.
FDL Rec Dept, 72 W. 9th St.
FDL Public Library, 32 Sheboygan St.

The mailboxes will arrive on Monday, November 3rd. Santa's helpers will pick-up the mailboxes on Monday, December 1st. Santa needs time to make his lists and write back to all the children before Christmas.

Santa can't wait to hear from you!

Ho! Ho! Ho!

FDLSD | COMMUNITY
ED & REC

presents:

Holiday Wonder

Art & Craft Expo

Saturday, November 1st

9:00^{am} - 3:00^{pm}

Admission: \$2.00

(10 & under FREE w/ paid adult)

Held at FdL Fairgrounds
Recreation Center